## **Get prepared for an emergency**

## Work out what supplies you need at home Whiriwhiria ngā rawa ka hiahiatia



- Water for 3 days or make sure you have at least 9 litres of water for every person
- Long-lasting food that doesn't need cooking and food for pets



- Toilet paper and large plastic buckets to make an emergency toilet if needed.
- Dust masks and work gloves.

If you need to leave home, you may need to take these items with you



Food and water



Torch, radio and spare batteries



Warm, waterproof clothing and comfortable shoes



Personal items and documents



Medications, prescriptions and a first aid kit



## **Know your neighbours**

Your neighbours may be your first source of support in an emergency, it's important to get to know them. Knowing people on your street will help to:

- Make sure everyone is looked after, especially those who might need extra help
- Share resources and skills, three families cooking on one BBQ uses a lot less gas than three families cooking by themselves
- Support each other through difficult times



Hi Ben!



















